

Licensure & Certification:

Prescribing Psychologist, New Mexico, #20

Clinical Psychologist, New Mexico License, # 0911

Clinical Psychologist, Texas License, # 36960

Education:

Post Doctoral Master's Degree in Education: Specialization in Psychopharmacology – May, 2009, honors graduate. New Mexico State University (NMSU), in coordination with Southwestern Institute for the Advancement of Psychotherapy (SIAP), Las Cruces, NM.

Ph.D. in Clinical Psychology - May, 1996. University of Texas Southwestern Medical Center at Dallas, Texas. Completion of 12-month APA-approved Internship in Clinical Psychology - August, 1995. Dissertation: *Diagnostic and treatment implications of substance abuse for adolescents with mental illness.*

B.A. in Plan II Honors Program, concentrations in psychology and English - May, 1991, summa cum laude. University of Texas, Austin, Texas.

Clinical Experience:

- 11/2014 to present **Prescribing Psychologist**, private practice, Santa Fe, NM.
- 1/2017 to 8/2018 & 9/2011 to 9/2012 **Prescribing Psychologist**, contract, for St. John's College, Santa Fe, NM. Provide psychiatric medication management services for students and consult with therapeutic treatment team.
- 2/2015 to 5/2016 **Prescribing Psychologist**, contract, The Life Link, Santa Fe, NM. Provide diagnostic and psychiatric medication management services for adults in a community mental health setting, with emphasis on treating clients with co-morbid substance abuse issues.
- 11/2013 to 2/2015 **Prescribing Psychologist**, Tri-County Community Services, Taos, NM. Provide diagnostic and psychiatric medication management services for adults in a community mental health setting, including traditional outpatient services and crisis management for the severely mentally ill. Provide psychiatric coverage for residential social detox program for substance abusers, consult with treatment team members, consult with IOP program.
- 8/2010 to 10/2013 **Prescribing Psychologist**, contract, The Evolution Group, a large private counseling firm, Albuquerque, NM. Provide diagnostic and psychiatric medication management services for adults with mental illness, and with co-morbid substance abuse and addiction issues, including gambling and sexual addictions. Consult with treatment team and provide supervision to therapists on staff.
- 5/2010-4/2012 **Prescribing Psychologist**, conditional, in private practice. Santa Fe & Taos, NM. Provide diagnostic and psychiatric medication management services for ages 12 and up.
- 7/1997- 4/2012 **Clinical Psychologist** in private practice. Conduct diagnostic testing for all ages, psychotherapy ages 4 and up, supervision, consultation and training.
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| 5/10-4/12 | Santa Fe, NM |
| 3/07-9/11 | Taos, NM |
| 3/05-3/07 | Las Cruces, NM |
| 9/04-11/05 | El Paso, TX |
| 7/97-9/04 | Kerrville, TX |
- 7/1997 -4/2012 **Forensic Psychologist** in private practice. Conduct custody, competency to stand trial, dangerousness, insanity, and general psychological assessments for various district courts in central and west Texas, Las Cruces, NM, and Taos, NM.
- 4/1996-7/1997 **Post Doctoral Fellow**, post doctoral clinical internship in a private practice setting. (San Antonio and Kerrville, TX).

- 8/1995-3/1996 **Psychology staff member**, Psychiatry Department, Children's Medical Center (Dallas, TX) Part time temporary position while completing dissertation.
- 8/1993-8/1995 **Predoctoral Clinical Internship** (24 months) Division of Psychology, Department of Psychiatry, UT Southwestern Medical Center, Dallas, TX.
Internship Sites:
***Southwestern Outpatient Clinic**, UT Southwestern Medical Center, Dallas, TX.
***Psychiatric Emergency Room**, Parkland Memorial Hospital, Dallas, TX.
***Mental Health Services**, Southern Methodist University, Dallas, TX.
***Psychology Department**, Texas Scottish Rite Hospital, Dallas, TX.
***Dept of Rehabilitation Psychology**, Southwestern Medical Center, Dallas, TX.
***Adolescent Unit**, Terrell State Hospital, Terrell, TX.

Teaching, Training, Supervisory & Management Experience:

- 01/2016-03/2019 **Affiliate Faculty**, Postdoctoral Psychopharmacology Master's Program, New Mexico State University (NMSU), Las Cruces, NM.
- 07/2011-01/2018 **Nationwide Speaker & Trainer** for mental health continuing education courses on Psychopharmacology, sponsored by Premier Education Solutions (PESI), Eau Claire, WI.
- 7/2012-10/2013 **Clinical Consultant, The Evolution Group**. Clinical consultant for staff therapists for a large private counseling firm, Albuquerque, NM.
- 1/2008-12/2008 **Adjunct Faculty**, Psychology Department, University of New Mexico (UNM) Taos Branch, Taos, NM. Course offerings included: *Introduction to Psychology*, and *Brain and Behavior*.
- 6/2005-3/2007 **Site Supervisor & Pre-Doctoral Supervisor** for NMSU Counseling Psychology Doctoral Program students.
- 3/2003-8/003 **Pre-Doctoral Supervisor** for Heather Smith, pre-doctoral intern.
- 10/2001-10/2002 **Post Doctoral Supervisor** for Kevin Sanders, Psy.D., post-doctoral resident.
- 8/2001-12/2001 **Post Doctoral Supervisor** for Lisa Watts, Psy.D., provisionally licensed psychologist.
- 6/2001-12/2003 **Continuing Education Provider** for Licensed Professional Counselors.
- 8/2000-5/2001 **Clinical Supervisor** for Susan McElroy, M.A., Licensed Professional Counselor Intern.
- 6/1999-6/2000 **Clinical Supervisor** for Shirley Bates, M.S, Licensed Professional Counselor Intern.
- 7/1998-11/1999 **Post Doctoral Supervisor** for Rupa Naidu, Ph.D.
- 1/1998-5/1998 **Clinical supervisor** for Brenda Guerrero, Ph.D..
- 4/1997-6/1998 **Psychological testing supervisor** for Wendy Henrichson, M.A., L.P.A.
- 1997-6/2001 **Staff Trainer** at Hill Country Youth Ranch, Ingram, TX.

Consulting Experience:

- 9/2017-9/2018 **Professional Peer Consultation Coordinator**: Manage manage once monthly peer consultation group by phone for New Mexico's prescribing psychologists.
- 1/2009-8/2010 **Consulting Psychologist** to Holy Cross Hospital, Taos, NM. Provide dangerousness assessments for hospital patients.
- 3/2005-3/2007 **Consulting Psychologist** to Mesilla Valley Hospital, Las Cruces, NM. Provided psychological evaluation for adolescents admitted to the hospital in acute crisis.
- 9/1998 - 9/2004 **Consulting Psychologist** to K-Star program, Kerrville, TX. Provided clinical supervision including diagnostic and triage assistance for master's level therapists treating at risk families.
- 4/1996-9/2004 **Consulting Psychologist** to Behavioral and Emotional Disorders Clinic, Family

3/1997-6/2001 Practice Associates, Kerrville, TX. Provided mental health care in a primary care setting, including diagnostic and treatment assistance with mental health issues.
Consulting Psychologist to Hill Country Youth Ranch (HCYR), a group home for abused and neglected youth (Ingram, TX). Provided case consultation, psychological testing, treatment planning assistance, consulted with sexual abuse risk management team.

Professional Publications:

- Williams, C. B. (2013). Antidepressants for Menopausal Hot Flashes? *New Mexico Psychologist: Newsletter of the New Mexico Psychological Association*. Fall, 6-7.
- Williams, C. B. (2010). Practicing Medical Psychology: Liver Function Test as Projective. *The Tablet: Newsletter of Division 55 of the American Psychological Association*, 11-1, 3-8.
- Williams, C. B. (2008). What is it Like to Prescribe? *New Mexico Psychologist: Newsletter of the New Mexico Psychological Association*, 1.08, 6-7.
- Williams, C.B. (2007, August). A Tale of Two Brains: Integrating Pharmacology and Insight Oriented Psychotherapy. Paper presented at the meeting of the American Psychological Association, San Francisco, CA.
- Williams, C. B. (1996, October). Symptom, severity, and personality differences among adolescent substance abusers with mental illness. Paper presented at the meeting of the American Academy of Psychologists Treating Addiction, San Antonio, TX.
- Williams, C. B. (1996). Symptom, severity, and personality differences among adolescent substance abusers with mental illness. Unpublished Doctoral dissertation, University of Texas Southwestern Medical Center at Dallas.

Trainings and Presentations:

- Williams, C. B. (2019, May 4). How Does Post-traumatic Stress Disorder affect your sleep? 1.5 hour informative seminar for the public sponsored by Christus St. Vincent Regional Sleep Center, Santa Fe, NM.
- Williams, C. B. (2018, September 30). When Nothing Works: Problem-Solving for Difficult Cases. 2 hour continuing education training for prescribing psychologists, 2018 Fall Conference, State Psychologist Association of New Mexico.
- Williams, C. B. (2015 to 2018). Psychopharmacology. What You Need to Know About Mental Health Medications. 2 day, 14 hour continuing education training for mental health professionals, sponsored by Premier Education Solutions (PESI), Eau Claire, WI, presented in New Mexico on an annual basis.
- Williams, C. B. (2017, November 3). Understanding Medication Interventions for Depression and Anxiety. 4 hour Friday Forum CE presentation for New Mexico Psychological Association (NMPA), Albuquerque, NM.
- Williams, C. B. (2017, September 17). Ethical Choices in Prescribing. 2 hour CE training presented at the State Psychologist Association (SPA) Prescribing Psychologist Fall Conference, Albuquerque, NM.
- Williams, C. B. (2016, April 1-2). Antipsychotics and the Pharmacology of Schizophrenia. 16 hour training/class for NMSU's master's degree program in education, providing an advanced degree in psychopharmacology for psychologists. Las Cruces, NM.
- Williams, C. B. & DeBernardi, M (2015, September 26). Medical Cannabis in the Trenches: Discussion, Review, and Case Presentations with Severe PTSD populations. 2 hour continuing education training for prescribing psychologists, 2015 Fall Conference, State Psychologist Association of New Mexico.
- Williams, C. B. (2015, May 15) What's New in Psychopharmacology. 4 hour continuing education training for clinical psychologists sponsored by the New Mexico Psychological Association (NMPA) Santa Fe, NM.
- Williams, C. B. (2014, June 1). Worst Case Scenarios! (a review of ethical dilemmas in prescribing). 3 hour continuing education training for prescribing psychologists sponsored by SIAP & State Psychological Association (SPA), Albuquerque, NM.
- Williams, C. B. (2013, September 13). Understanding Bipolar Spectrum Disorders and the Medications Used to Treat Them. 4 hour continuing education training for psychologists sponsored by New Mexico Psychological

- Association (NMPA), Santa Fe, NM.
- Williams, C. B. (2013, May 1). What's New in Psychopharmacology? Part I of a five part web-based continuing education series, Meds, Myths and Realities. sponsored by Psychotherapy Networker.
www.psychotherapynetworker.org/cecourses.
- Williams, C. B. (2013, March 24). What's New in Psychopharmacology? Presented at Psychotherapy Networker Symposium, Washington, DC.
- Williams, C. B. (2012, February to 2013, August). Psychopharmacology. What You Need to Know About Mental Health Medications. 8 hour continuing education training presented nationwide on a monthly basis, sponsored by Premier Education Solutions (PESI), Eau Claire, WI.
- Williams, C.B. (2011, December). Dissociative Identity Disorder and Case Management. 2 hour continuing education training presented to The Evolution Group, Albuquerque, NM.
- Williams, C.B. (2011, July to September). Psychopharmacology for Depression and the Bipolar Spectrum. Presented nationwide on a monthly basis, sponsored by Premier Education Solutions (PESI), Eau Claire, WI.
- Williams, C.B. (2011, May). Psychopharmacology for Mood Disorders. 8 hour continuing education training presented to The Evolution Group, Albuquerque, NM.
- Williams, C.B. (2010, October). Are All Addictions Created Equal? Q and A, Discussion Panel Participant, Psychopathology, Personality, and Addictive Behavior, New Mexico Psychological Association Annual Workshop, Albuquerque, NM.
- Williams, C.B. (2010, October). How Atypical Antipsychotic Medications Work, or "Why are all my Patients on Seroquel?" 4 hour continuing education training presented to the New Mexico Psychological Association, Santa Fe, NM.
- Williams, C. B. (2010, March). How Atypical Antipsychotic Medications Work, or "Why are all my Patients on Seroquel?" 4 hour continuing education training presented to the New Mexico Psychological Association, Albuquerque, NM.
- Williams, C.B. (2009, May). Attention Problems in Adults: Help for the Distracted! 1 hour continuing education training presented to various mental health providers at the "CAST a light on Mental Health" Day, Taos, NM.
- Williams, C.B. (2008, May). The Rorschach. 4 hour continuing education training presented to the New Mexico Psychological Association, Albuquerque, NM.
- Williams, C.B. (2007, September). Stress Management and Verbal Judo. Two 3 hour trainings provided to state employees in county clerk's offices across New Mexico. Sponsored by the New Mexico State University (NMSU) County College program. Taos, NM.
- Williams, C.B. (2007, April). Dream Interpretation in Psychotherapy. 4 hour continuing education training presented to the New Mexico Psychological Association, Friday Forum, Albuquerque, NM.
- Williams, C.B. (2007, March). Medications and Children, Parts I and II. Two 1.5 hour trainings presented to adoptive parents of foster children during the annual 2007 Annual Adoptive Parent Conference, sponsored by New Mexico's Children, Youth, and Families Department (CYFD), and New Mexico State School of Social Work, Albuquerque, NM.
- Williams, C.B. (2006, October). Children with Oppositionality and Behavior Problems: Transforming Chaos into a Peaceful Home. 1.5 hour training for foster parents presented twice during the 2006 Annual Foster Parent Conference, "Fostering Professional Partnerships," sponsored by New Mexico's Children, Youth, and Families Department (CYFD), and New Mexico State School of Social Work, Albuquerque, NM.
- Williams, C.B. (2004, November). Dream Interpretation in Psychotherapy. 4 hour continuing education training presented to the Texas Psychological Association at its annual convention in San Antonio, TX.
- Williams, C.B. (2003, June). Dissociative Identity Disorder. 2 hour continuing education training presented to the Bluebonnet Counseling Association, in Bastrop, TX, for LPC, LMSW, LCDC & LMFT.
- Williams, C. B. (2002, August.) Dreams and Dream Tending in Psychotherapy. 2 hour continuing education training at Texas Network of Youth Services Convention (TNOYS), San Antonio, TX.

- Williams, C.B. (2002, June). Dreams and Dream Tending. 2 hour continuing education training presented to the Bluebonnet Counseling Association, in Bastrop, TX, for LPC, LMSW, LCDC, & LMFT.
- Williams, C.B. (2002, March). Crisis Intervention. 11/2 hour continuing education training presented for LPC, LMSW, LCDC, & LMFT. Sponsored by K'Star Youth and Family Services, Kerrville, TX.
- Williams, C. B. (2002, February). Dissociative Identity Disorder. 5.5 hour training presented for LPC, LMSW, & LMFT. Sponsored by K'Star Youth and Family Services, Kerrville, TX.
- Williams, C.B. (2001, October). Depression: Symptoms, Causes and Treatment. Videotaped training aimed at high school audiences in the Kerr County area. Played on closed circuit television in the local high school, and on the local public television channel during Mental Illness Awareness Week. Sponsored by Tivy High School, Kerrville, TX.
- Williams, C. B. (2001, October) Emerging Mental Illness During the College Years. Presentation for students, faculty, and staff of Schreiner University, in conjunction with Mental Illness Awareness Week. Sponsored by Schreiner University Counseling Department, Kerrville, TX.
- Williams, C.B. (2001, June) Evaluation and Treatment of Sexual Abuse. Five hour Continuing Education Training for LPC, LMFT. Sponsored by K'Star Youth and Family Services, Kerrville, TX.
- Williams, C.B. (2001, April). Dream Analysis. Continuing Education Training for LPC, LMFT. Sponsored by Texas Hill Country Counselors Association, 3rd Annual Hill Country Spring Retreat, Mason, TX.
- Williams, C.B. (2000, December). Treating the Oppositional Defiant Child. Continuing Education training for LPC. Sponsored by K'Star Youth and Family Services, Hill Country Cooperative Training Group, Kerrville, TX.
- Williams, C.B. (2000, October) Crisis Management. Continuing Education training. Sponsored by K'Star Youth and Family Services, and the Hill Country Cooperative Training Group, Kerrville, TX.
- Williams, C. B. (2000, September). Psychological Factors Relevant to the Mentor Process: Risk Management in Volunteer Programs. Presentation at the Institute of Mentoring, Sponsored by Big Brothers, Big Sisters, Alamo Area, Inc., San Antonio, TX.
- Williams, C. B. (1999, January). Improving Communication in the Workplace: within and between agencies. Staff training presentation for employees of Texas Department of Protective and Regulatory Services (TDPRS) and the Star Grant programs in Kerr County and surrounding areas, Kerrville, TX.
- Williams, C.B. (1998, August). Psychology and the Court System. Continuing education presentation to mental health professionals at Laurel Ridge Hospital, San Antonio, TX.
- Sterling, J.W., and Williams, C.B. (1997, July). Visitation-Developmental Considerations for Children 3 Years of Age and Under. Presentation at the meeting of Regional Court masters, Austin, TX.
- Williams, C. B. (1996, October). Symptom, severity, and personality differences among adolescent substance abusers with mental illness. Paper presented at the meeting of the American Academy of Psychologists Treating Addiction, San Antonio, TX.

Professional and Business Roles:

- 9/1998-present **Owner and Manager** of Caroline B. Williams, PhD PC, psychology private practice.
- 5/2009-1/2011 **Beta Tester** for Electronic Health Record (EHR) software, MxChart.
- 5/2007-5/2010 **Co-Owner and Manager** of Certain Medical Billing, LLC
- 1998-9/2004 **Owner and Manager** of 7-therapist mental health practice, including provision of therapy office space, full time front office support and billing services.

Professional Committees and Organizations:

- 2019-present Board Member, Member-at-Large, State Psychological Association (SPA), New Mexico
- 2019-present Liaison to the New Mexico Board of Psychologist Examiners, State Psychological Association (SPA)
- 2014, 2020 Co-Chair continuing education committee, State Psychological Association (SPA)
- 2015-2019 Education Chair, State Psychological Association (SPA)

- 2006-present Member, State Psychological Association (SPA), New Mexico
- 2019-2020 Psychopharmacology Chairperson, New Mexico Psychological Association (NMPA),
2008-2009
- 2005-present Member, New Mexico Psychological Association (NMPA), Psychopharmacology Division
- 1996-present Member, American Psychological Association (APA), Division 55: Pharmacotherapy
- 2003-2009 Member, Society for Personality Assessment (SPA)
- 1996-2005 Member, Texas Psychological Association (TPA)

References Available Upon Request